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## Project Information

Project acronym: **SafeMa**

Project Title: **Education Hubs for Excellence in Midwifery**

Agreement number: **598946**

EU programme: **Erasmus +**

Project website: **safema-project.eu**

### **Prepared by:**

Name: NKUA

Position: Coordinator

**Approved on behalf of SafeMa Management Board**

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## 1. Introduction

Under SafeMa project the “study visits” (Task 1.3) represent the first important step for the development of the new curriculum. Under this activity five academic professionals from each partner University traveled to Greece and Denmark to witness in first-hand the teaching process, courses, services as well as other operational methods. This included participation in seances held by NKUA and UCN lectures that introduced participants to the theory-practice integration in clinical learning principles and techniques in midwifery training.

The Study Visits were held in Greece (Athens) from 14/11/2019 to 16/11/2019 and Denmark (Aalborg) from 17/11/2019 to 19/11/2019, where all partners from Europe and Asia have participated.

Midwifery represents a discipline and a profession. The SafeMa course underlies a body of scientific knowledge that would be developed with the integration of creative conceptualizations and formal research findings under WP1. The course knowledge will be constituted with the extant theories and frameworks that are the basis of research and practice endeavors, as well as will engage and combine a variety of information from a horizontal and multidisciplinary individual. The selection of the five participants was made via open procedures by the partners institutions in Vietnam and Cambodia based on the criteria posed by the consortium in order to ensure the principles of interdisciplinarity, interprofessionalism and representativeness of all stakeholders that are potentially involved in the design and academic and managerial implementation of higher institutions postgraduate diplomas and masters programmes. A specific attention was in the equity of gender, as well as no distinction in in race, religion, ethnic background, political affiliation, or any other division. The same principles were perspectives in the selection of the presenters and instructors from Greece and Denmark. Based upon this ground the study visit participants got above a wide range of expertise, covering from high executives of the Universities, such as deans, academics, and professionals in midwifery as well as HEIs administrative staff. More specifically the selection of the participants followed the forthcoming criteria:

- Working experience relevant to the project
- Teaching experience relevant to the project
- Experience in working in collaboration with clinical staff
- Experience in planning course programmes
- Experience in supporting students
- English Proficiency
- Commitment to participate in project activities



This report includes the training material that have been prepared for both Study Visits. More specifically, this report contains the results from each study visits, their agenda, the literature compendium, as well as indicative slides from the power points that have been performed throughout the study visits, participants lists, evaluation summary, and photos.

## 2. Study Visit in Greece

### 2.1. Results

#### 2.1.1. Study visit in Athens, 14 to 16 November 2019

- Section 1: Discussion on the gap analysis results. The draft had been written and discussed before the meeting. However, in the meeting, participants contributed with further ideas for the improvement of the draft.
- Section 2: Association of the gap and educational needs in Cambodia and Vietnam. Participants had the chance to discuss on how to link the gap and the needs of midwiferies. These provided valuable evidence for developing a training curriculum in SafeMa hub.
- Section 3: Visit to maternity and gynecology health facility in University General Hospital. The visit was conducted during the afternoon of the first day. It was a wonderful trip that partners had the opportunity to learn a lot from different perspectives. For example, participants had the chance to come in touch with different methods to organize the clinic, patient's flow, response to patients, capacity of the hospital and its staffs, appointments etc.
- Section 4: Advanced midwifery practice postgraduate programs in low income countries. The program was introduced to the participants. Participants discussed on relevant curriculum and schedule in our countries and a possibility for application.
- Section 5: Advanced midwifery practice postgraduate programs in low income countries. This was one more chance to see a program and think about adaptations of in Vietnam and Cambodia.
- Section 6: Role of community in training midwifery. It was not new issue. However, Asian partners learnt more about how to co-ordinate with them in the project.
- Section 7: Educational curriculum and certification. An issue to think about how to collaborate with international partners in training midwifery.

- Section 8: Network event. It was a useful skype meeting with a professor from Tanzanian and think about how to create a network.
- Section 9: Educational curriculum for community midwifery care. It was an introduction of a project on training for midwifery.
- Section 10: An observation on training of trainers.
- Section 11: Meeting with related stakeholders and discussion on developing hub, creating network and collaboration.

## 2.2. Agenda

### 14 -16 NOVEMBER 2019 STUDY VISIT AGENDA

**National and Kapodistrian University of Athens (NKUA)  
Athens, Greece**

**University building: AKISA,  
Rimini 1, Chaidari, University Hospital Attiko**

**Meeting Language: English**

THURSDAY, 14 <sup>th</sup> NOVEMBER 2019	
Time	Activities
09:00- 09:30	<b>Registration</b>
09:30- 09:45	<b>Opening Ceremony</b> <i>Keynotes Address</i> <i>NKUA</i>
09:45- 10:00	<b>Brief Intro to Agenda</b> <b>Scope of the study visit, scheduled activities, expected results</b> <i>NKUA</i>
10:00-11.30	<b>Presentation and discussion of the gap analysis results</b> <i>Karl Puchner, NKUA</i>

11.30- 12.00	<b>Coffee Break</b>
12.00- 13:00	<b>Presentation of discussion of the gap analysis results in relation to the educational needs</b> <i>Karl Puchner, NKUA</i>
13:00- 14:00	<b>Lunch</b>
14:00- 16:30	<b>Visit to the maternity and gynecology health facilities in university general hospital, Attiko</b> <b>Design of effective midwifery training curricula: Identifying educational needs workshop</b> <i>Sophia Kalantaridou, Professor of Obstetrics and Gynecology, Chair: 3rd Department of OBGYN, NKUA</i> Director of MSc "High Risk Pregnancy" <i>Nikolaos Evangelinakis, MD, MSc, PhD, Academic Lecturer OBGYN, 3rd Department of OBGYN, NKUA</i>
16:45- 17:00	<b>Concluding Remarks for the day</b> <i>(NKUA)</i>
20.00	<b>Social event</b> <b>Dinner at Cafe Avissinia (<a href="https://cafeavissinia.net/">https://cafeavissinia.net/</a> )</b> Address: 7 Kynetou Street, PC 10555

FRIDAY, 15 <sup>th</sup> November 2019	
Time	Activities
9:00- 9:30	<b>Opening of the day and sum up from the previous day</b>
9:30- 11:30	<b>Presentation of Advanced Midwifery Practice postgraduate programmes in low income countries</b> <b>Courses to be taught, methodology combining theoretical modules in clinical practice decision, evidence-based practice, organizational challenges</b> NKUA
11:30- 12.00	<b>Coffee Break</b>
12:00- 13:15	<b>Presentation of the Advanced Midwifery Practice postgraduate programme implemented by the University of West Attica, Greece</b> <b>Courses to be taught, methodology combining theoretical modules in clinical practice decision, evidence-based practice, organizational challenges</b> University of West Attica
13:15- 14:15	<b>Lunch Break</b>
14:15 – 15.00	<b>Networking event</b> <b>Meeting with WHO Athens office team</b> Ioannis Mikropoulos, National Professional Officer Migration and Health Program WHO Country Office in Athens, Greece
15.00 - 16:30	<b>Disusing educational needs and educational curricula and international certification</b> <i>Prof Nicolaos Vrahnis, NKUA/ HSOGE</i>
16.30- 17.00	<b>Concluding Remarks for the day</b>

	(NKUA)
17:30	<b>Social Programme</b> Visit to the museum of Acropolis <a href="https://www.theacropolismuseum.gr/en">https://www.theacropolismuseum.gr/en</a> (NKUA)

SATURDAY, 16 <sup>th</sup> November 2019	
Time	Activities
9:00- 9:30	<b>Opening of the day and sum up from the previous day</b> (NKUA)
9:30 – 10:30	<b>Discussing needs and training programme in low income countries</b> <b>Skype meeting with</b> Dr. Elias Kweyamba, Tanzanian Training Centre for International health (TTCIH), Ifakara
9:30- 10:30	<b>Creating Massive Online Open Courses (MOOC) on midwifery</b> <b>Educational curriculum for community midwifery care</b> <b>e-learning courses</b> <i>Prof Victoria Vivilaki, University of West Attica</i>
10:30-11:30	<b>International certification program in obstetric emergencies. Tour visit</b> <i>Prof Nicolaos Vrahnis, NKUA/ HSOGE</i>
11:30- 11:30	<b>Coffee Break</b>
11:30- 13:15	<b>Educational curriculum for basis life support and prehospital care</b> <b>Representative from the National Centre of Prehospital Emergency Care (EKAB)</b> Panagiotis Koukopoulos ERC - Greece Course Organizer at HSEPC / NAEMT Education Coordinator, PHTLS National Coordinator
13:30- 14:30	<b>Lunch</b>
14:30- 16:00	<b>Lecture on fundraising and networking techniques</b> <i>Evika Karamagioli, Scientific Associate, MSc Global Health -Disaster Medicine , NKUA</i>
16:00-17:00	Discussion between all partners on lessons learned All partners
17:00-17:30	Summing up and next steps

### 2.3. Literature Compendium



**Literature compendium**

Study visit

Athens, 14-16 Nov. 2019



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**Contents:**

1. Midwifery 2030: a woman's pathway to health. What does this mean?, Petra ten Hoop-Bender, Sofia Castro Lopes, +6 authors Caroline S E Homer, Published in Midwifery 2016 DOI:10.1016/j.midw.2015.10.014
2. Exploring global recognition of quality midwifery education: Vision or fiction? Luyben, Ans et al., Women and Birth, Volume 30, Issue 3, 184 – 192
3. Are the Global Strategic Directions for Strengthening Nursing and Midwifery 2016-2020 being implemented in countries? Findings from a cross-sectional analysis. Ainebor, Onyema, McCarthy, Carey, Li, Yin, Al-Blooshi, Sumaya Mohamed, Mubanya, Nwabuisi, Cometa, Giorgio Human Resources for Health . 7/12/2019, Vol. 17 Issue 1, NPASG-NPAG. 1p. 4 Diagrams, 2 Charts.
4. A descriptive analysis of midwifery education, regulation and association in 73 countries: the baseline for a post-2015 pathway, Sofia Castro Lopes, Andrea Nova, Petra ten Hoop-Bender, Luc de Bemis, Martha Bokosi, Nester T. Moyo & Caroline S. E. Homer, Human Resources for Health volume 14, Article number: 37 (2016)

#### Material of the Literature Compendium

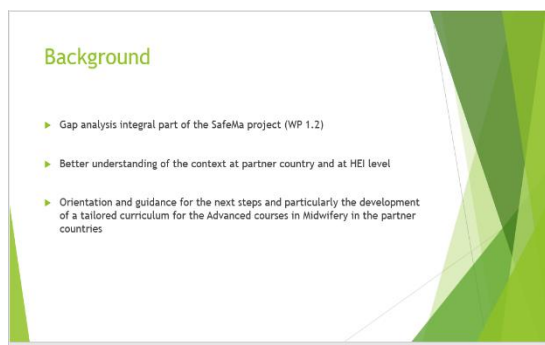
1. Midwifery 2030: a woman's pathway to health. What does this mean?, Petra ten Hoop-Bender, Sofia Castro Lopes, +6 authors Caroline S E Homer, Published in Midwifery 2016 DOI:10.1016/j.midw.2015.10.014.
2. Exploring global recognition of quality midwifery education: Vision or fiction? Luyben, Ans et al., Women and Birth, Volume 30, Issue 3, 184 – 192.

3. Are the Global Strategic Directions for Strengthening Nursing and Midwifery 2016-2020 being implemented in countries? Findings from a cross-sectional analysis. Ajuebor, Onyema; McCarthy, Carey; Li, Yin; Al-Blooshi, Sumaya Mohamed; Makhanya, Nonhlanhla; Cometto, Giorgio Human Resources for Health. 7/12/2019, Vol. 17 Issue 1, pN.PAG-N.PAG. 1p. 4 Diagrams, 2 Charts.
4. A descriptive analysis of midwifery education, regulation and association in 73 countries: the baseline for a post-2015 pathway, Sofia Castro Lopes, Andrea Nove, Petra ten Hoop-Bender, Luc de Bernis, Martha Bokosi, Nester T. Moyo & Caroline S. E. Homer, Human Resources for Health volume 14, Article number: 37 (2016)

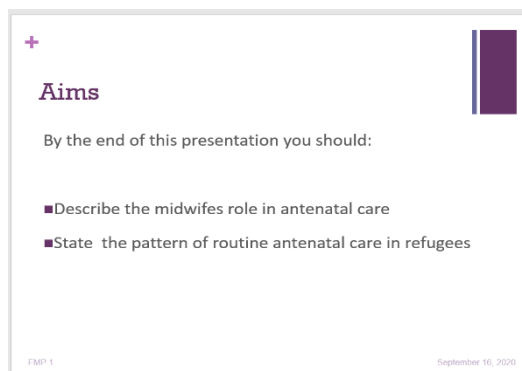
## 2.4. Presentations

Below are some indicative slides of the power points that have been presented during the study visit in Athens. All presentations and the power points are uploaded and are available at the internal area of SafeMa project and the SafeMa website.

### Karl – Phillip Puchner: SafeMa Gap Analysis Report



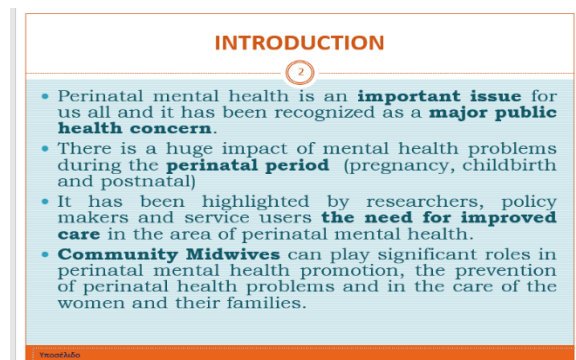
## Antonia Manousaki: Antenatal Care for refugees



## Victoria G. Vivilaki: ORAMMA, Operational Refugee And Migrant Maternal Approach project and the role of maternity peer supporters



## Victoria G. Vivilaki: Integrating perinatal mental health into primary health: the role of community midwife



## 2.5. Photos

Below are represented some photos from the Study Visit in Athens during 14<sup>th</sup> to 16<sup>th</sup> of November 2019.



*Photo 1 Study Visit in Athens*



*Photo 2 Workshop in midwifery*



*Photo 3 Discussion among the participants during a workshop*

## 2.6. Evaluation Summary

Considering the evaluation sheets that participants filled the forthcoming outcomes have been provided. A detailed analysis of the outcomes is provided in the Quality Assurance and Evaluation Reports (D.4.3). Below are some significant graphics that capture the assessment of the Study visit.

How satisfied are you:

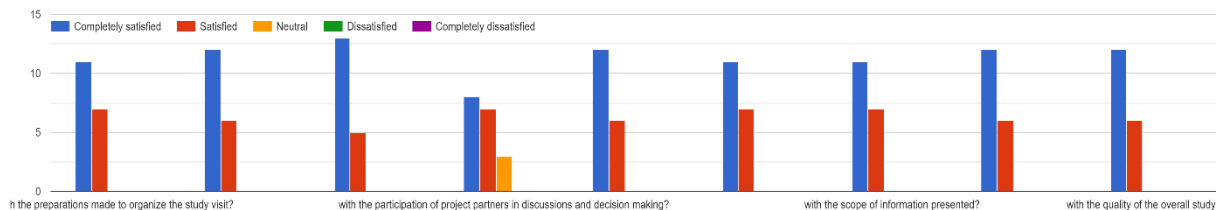


Figure 1 How satisfied are you?

What were the strengths of this study visit?

18 απαντήσεις

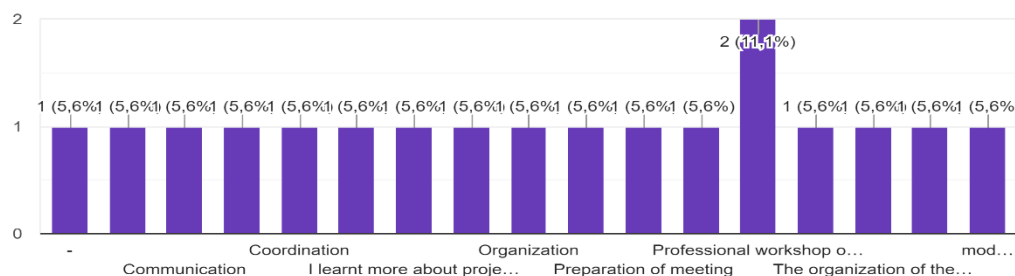


Figure 2 What are the strengths of the study visit?

What were the weaknesses of this study visit?

18 απαντήσεις

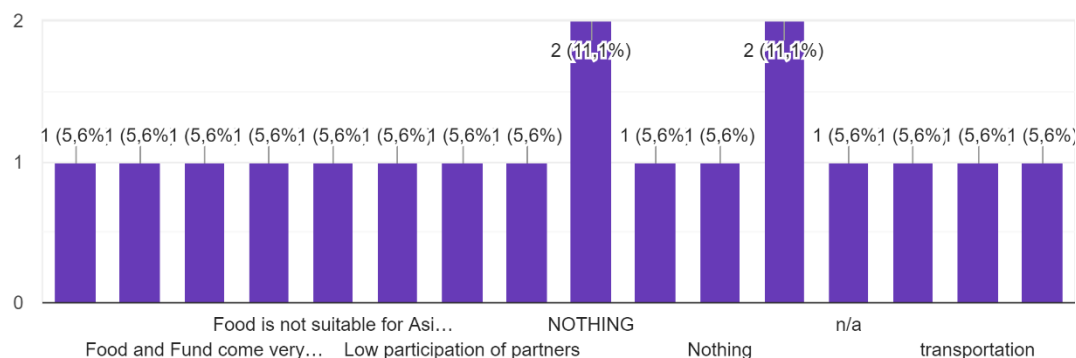


Figure 3 What are the weaknesses of this study visit?

## 2.7. Participants Lists

Below are apposed the participation lists for the Study Visit in Athens, signed by all participants.

**Thursday 14th of November 2019**

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## STUDY VISIT

ATHENS, 14-16 NOVEMBER 2019

### LIST OF ATTENDANCE

Thursday 14th November 2019

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
IP	Pavlos	Vouch	ICU	Head. office	09:00	09:00	17:00
	Cyano	Sabo	ICU	President	09:00	09:00	17:00
	Borvan	Okie	ICU	Vice President	09:00	09:00	17:00
	petra	sath	ICU	Head. office	09:00	09:00	17:00
	lay		ICU	Vice President	09:00	09:00	17:00
	LANN	NIKOLAYEV	TRIP	Managers	09:00	09:00	17:00
	RAHF	Neader	TRIP	Deputy	09:00	09:00	17:00
	MUMU	LUU	HANU	Director	09:00	09:00	17:00
	AMH	LE	YKUU	Head. Dept	09:00	09:00	17:00
	Perce	Musson	TURNU	Director	09:00	09:00	17:00
	Corin	Musson	TRIP	Training Dept	09:00	09:00	17:00
	TRAM	Remover	TRIP	Admin	09:00	09:00	17:00
	Sunk	LE	YKUU	Admin	09:00	09:00	17:00

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		ATHENS 14-16 NOVEMBER 2019						
		LIST OF ATTENDANCE						
		Thursday 28 November 2019						
NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE	
Museu	PHAM	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Amor	MAI	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Museu	MUSEU	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Alex	MUSEU	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Alex	LI	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Reyna	ZER	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
DBAY	PREB	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Sofia	DECH	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Sofia	LEON	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
Monica	BLATT	NRNU		09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>	
				09:00		17:00		
				09:00		17:00		

**Friday 15<sup>th</sup> of November 2019**

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
IP	Platzhuf	Vorsch	Head office	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
ORANGE	Quake	Sub	Head	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
RAVEN	Cook	TU	Vice President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
peutla	Seeth	U	Head of an	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
lay	by	U	Vice President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
LNN	Ally	TU	Headquarters	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
RAH	Nashen	TU	Deputy	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
WUM	Luv	Head	Head	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
AMT	LE	Head	Head of	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
Blene	Armen	TU	Deputy	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
OR	Armen	TU	Headquarters	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
TAM	Armen	TU	Head	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
Quake	by	Head	Head	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
by	TU	Head	Headquarters	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>

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## STUDY VISIT

ATHENS 14-15 NOVEMBER 2019

### LIST OF ATTENDANCE

Friday 15 November 2019

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DÉPARTURE	SIGNATURE
Huanc	Diana	NRCA		09:00		17:00	
Amir	MAI	EDUN		09:00		17:00	
Hue	Monica	EDUN		09:00		17:00	
Alya	Chouaib	NRCA	Head Clinical	09:00		17:00	
Fernan	TAT	LHS	Head of the Nursing	09:00		17:00	
Diego	Prado	ULHS	Head of the Nursing	09:00		17:00	
Sophia	Duch	ULHS		09:00		17:00	
Sofia	Leu	ULHS	Midwifery staff	09:00		17:00	
Amosio	Roby	NRCA	PLA	09:00		17:00	
				09:00		17:00	
				09:00		17:00	

**Saturday 16<sup>th</sup> of November 2019**



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STUDY VISIT  
ATHENS, 14-16 NOVEMBER 2019  
LIST OF ATTENDANCE  
Saturday 16 November 2019

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
Parisi	Vouch	IC	Head office	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
Ciana	Sabo	IC	President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
Ravina	Ouk	IC	Vice President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
Matia	Sath	IC	Head of IC	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
Lay	Nguyen	IC	Vice President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Manager	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Director	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Head of dept	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Training Dept	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Factor	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Factor	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Factor	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>



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STUDY VISIT  
ATHENS 14-16 NOVEMBER 2019  
LIST OF ATTENDANCE  
Saturday 16 November 2019

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
BNH	Nguyen	IC	Head office	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Vice President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Head of IC	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Vice President	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Manager	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Director	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Head of dept	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Training Dept	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Factor	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Factor	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>
BNH	Nguyen	IC	Factor	09:00	<i>[Signature]</i>	17:00	<i>[Signature]</i>

### 3. Study Visit in Denmark

#### 3.1. Results

##### 3.1.1. Study visit in UCN, 18 to 20 November 2019

- Section 1: Introduction to the UCN midwifery program in Aalborg. The introduction brought inside the training curriculum and the way to facilitate the students. The lessons learnt from this section were represented at the preparation and construction during the courses.
- Section 2: Evidence based practice. This section reminded the participants about using evidence in training and practicing. It also encouraged Asian partners to do researches in midwifery field and midwiferies should be trained and encouraged to do research too.
- Section 3: Visiting Aalborg University Hospital and meeting preceptors and students. It was an impressive section with the demonstration of preceptors, students, and facilitators. Participants learned about the whole process of how to facilitate a practical section. Reflection of all stakeholders were particularly important for further training.
- Section 5: Global sustainable lounge at health studies. It was nice and helpful to attend the meeting. Partners shared experience and developed their connections.
- Section 6: Information literacy – supporting research awareness, academic structure, and competence at UCN library. The visit at the library was helpful, accompanied with good presentations. Partners learned new way to access documents and training, as well as scientific materials.
- Section 7: Preparation of the eight postgraduate courses. All partners contributed ideas on contents of the eight postgraduate modules which should fulfil the gap and meet the needs of midwiferies in Vietnam and Cambodia.

### 3.2. Agenda

## 18 -20 NOVEMBER 2019 STUDY VISIT AGENDA

**University College Of Northern Denmark (UCN)  
Aalborg, Denmark**

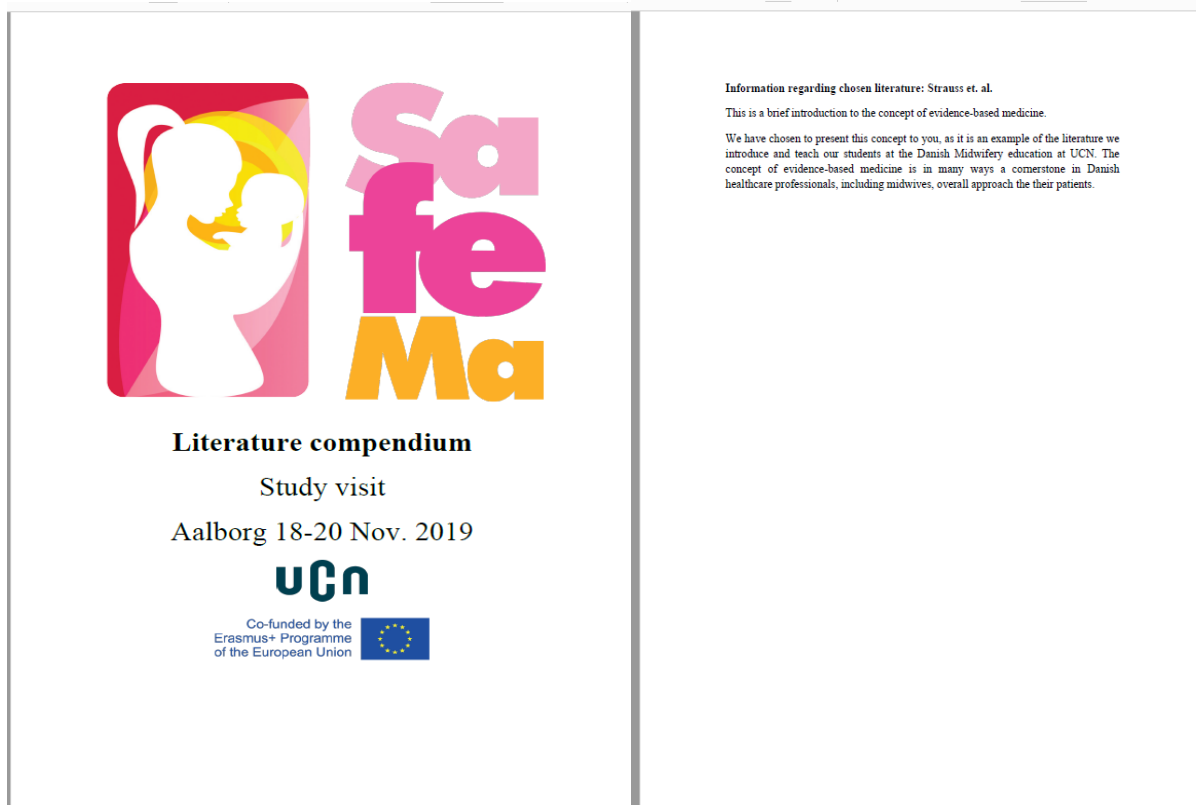
**University building: UCN,  
Meeting Language: English**

Monday, 18 <sup>th</sup> NOVEMBER 2019		
Time	Place	Activities
		Transportation by guests: Public bus no. 2 leaves from Aalborg city centre every 10 minutes. Duration: 24 minutes. Price: 22 dkr/person
08:30	1.3.55	Welcome at UCN by Peter Møller Pedersen, Vice Rector at UCN
08:45	1.3.55	Recap - study visits in Athens and the programme in Aalborg
09:20	1.3.55	Introduction to the UCN Midwifery Programme UCN, and Reflective- Based Practice Learning (RPL) by Githa Cajus
<b>10:00</b>	<b>1.3.55</b>	<b>Coffee Break</b>
10:20	1.3.55	Theme: Evidence Based Practice in midwifery (by Ingrid Jepsen, Jane Hyldgård and Marie Thisted)
<b>11:50-12:30</b>	<b>Hall</b>	<b>Lunch</b>
12:30	Bus transportation	Going to Aalborg University Hospital at city centre – transportation arranged by UCN
13:00	At hospital	Tour at the labour ward. Possibly meeting perceptors and students. Theme: Clinical simulation as a base for reflection.
15:30 – 16:30	At hospital	Recapping the day - reflections on transferability of subjects into own context
<b>16:30</b>	<b>Guests' choice</b>	<b>At own disposal – be aware that transportation to hotel or other place is on guests own responsibility. Hospital is in walking distance of hotels in city centre. Lecturers and others are happy to be consulted about wayfinding</b>

Tuesday, 19 <sup>th</sup> November 2019		
Time	Place	Activities
		Transportation by guests: Public bus no. 2 leaves from Aalborg city centre every 10 minutes. Duration: 24 minutes. Price: 22 dkr/person
8:30	1.2.260	Theme: Midwifery in the community - Family forming and Breastfeeding/the father (By Malene Cohen and Ida Dayyani)
<b>10:00</b>	<b>1.2.260</b>	<b>Coffee Break</b>
10:20	1.2.260	Theme: ICM and Human Rights. Ethics and Obstetric Violence. (By Marie Thisted and Lene Toxvig)
<b>11:50-12:45</b>	<b>Hall</b>	<b>Lunch and activities related to SDG's arranged by UCN International. Feel welcome to also have a look at the student mobility stand</b>
12:45-13:15	1.1.105 1.1.107	Opening of UCNs Global Sustainable Lounge at Health Studies Selma Lagerlöfs Vej Campus
13:15-16:15	Auditorium 1.0.185	Presentations by keynote speakers; - <i>Susanne Stormer</i> , Vice President and Director for Global Sustainability at Novo Nordisk - <i>Karen Frederiksen</i> , Dean at VIA University College - <i>Thomas Østergaard</i> , Lecturer at VIA University College.
Appx.16:30	Bus	Transportation to city centre – arranged by UCN
<b>18:00-19:00</b>	<b>Musikkens Hus</b>	<b>Guided tour at Musikkens Hus (House of Music – a cultural site)</b>
<b>19:00</b>	<b>Musikkens Hus</b>	<b>Welcome dinner at Restaurant at House of Music. Site is in central city within walking distance of hotels there.</b>

Wednesday, 20 <sup>th</sup> November 2019		
Time	Place	Activities
		Transportation by guests: Public bus no. 2 leaves from Aalborg city centre every 10 minutes. Duration: 24 minutes. Price: 17 dkr/person
08:30	1.3.55	Theme: Information literacy - Supporting research awareness, academic structure and competence. By UCN Library
<b>10:00</b>	<b>1.3.55</b>	<b>Coffee Break</b>
10:20	1.3.55 lecturers 1.3.190 adm.	Adm. Staff - Theme: Student and staff support in administration UCN Study administration (Guide: Karin Lindholm) Lecturers - Theme: Post-Partum Hemorrhage (By Marie Louise Knudsen and Lene Stumph)
<b>11:50</b>	<b>Hall</b>	<b>Lunch</b>
12:30- 14:30	1.3.55	Recapturing study visit - what is brought home and what is to be considered in preparing the 8 postgraduate courses?
<b>15:00- 16:30</b>	<b>City Center</b>	<b>Guided tour in Aalborg – transportation arranged by UCN</b>
16:30	Airport transport	Bus to airport leaves from Aalborg Central Station every 24-30 min. Duration: 21 minutes. Price: 22 dkr/person

### 3.3. Literature Compendium



Information regarding chosen literature: Strauss et. al.

This is a brief introduction to the concept of evidence-based medicine.

We have chosen to present this concept to you, as it is an example of the literature we introduce and teach our students at the Danish Midwifery education at UCN. The concept of evidence-based medicine is in many ways a cornerstone in Danish healthcare professionals, including midwives, overall approach the their patients.

#### Material of the Literature Compendium:

1. Straus, S. E. 2005. Evidence-based medicine: how to practice and teach EBM. Edinburgh: Elsevier/Churchill Livingstone.
2. King, T. L. 2014. Varney's midwifery. Fifth edition. Burlington, Massachusetts: Jones & Bartlett Learning.
3. Squire, C. (Ed.). 2017. The Social Context of Birth. London: Routledge.
4. International Confederation of Midwives, 2014, International Code of Ethics for Midwives, Laan van Meerdervoort, Netherlands.
5. Macdonald, S., Johnson G., (Ed.). 2012. Mayes' midwifery. Fifteenth Edition. Edinburgh: Baillière Tindall Elsevier.
6. Johnson, R., & Taylor, W. (2000). Skills for midwifery practice. Edinburgh: Churchill Livingstone.

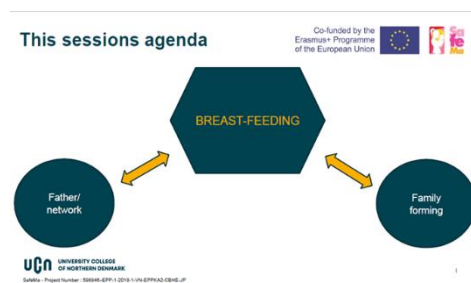
### 3.4. Presentations

Below are some indicative slides of the power points that have been presented during the study visit in Aalborg. All presentations and the power points are uploaded and are available at the internal area of SafeMa project and the SafeMa website.

#### Githa Cajus: Introduction to the UCN Midwifery Programme UCN, and Reflective- Based, Practice Learning



#### Malene Cohen and Ida Dayyani: Midwifery in the community - Family forming and Breastfeeding/the father



## Lene Stumph Nielsen & Marie Louise Mastrup Knudsen: Clinical simulation as a base for reflection

Lene Stumph Nielsen & Marie Louise Mastrup Knudsen

Co-funded by the  
Erasmus+ Programme  
of the European Union

**SafeMa**  
Study Visits 18-20 November 2019  
Session: Clinical simulation as a base for reflection

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NordSim

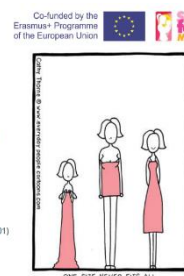



### Theory and clinical practice

- Theory is a statement about circumstances or situations in real life (clinical practice)
- Theory is a statement which is detached from each circumstances and situations
- *Reflection-in-action* and *reflection-over-action* can prevent our care from being routine-based (Schön 2001)

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## Jane, Marie og Ingrid: Evidence based medicine

Jane, Marie og Ingrid

Co-funded by the  
Erasmus+ Programme  
of the European Union

**SafeMa**  
Evidence based medicine

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OF NORTHERN DENMARK

### Why Evidence based medicine?

#### Knowledge from gap-analysis:

- low research awareness among midwives in your respective countries
- a tendency to perform routine based care rather than individualised care

#### Didactic approach

- a short presentation (about 10 minutes) of the concept
- group discussions.

#### Some of the main principals in Reflective practice learning:

- to include the participants own experiences,
- to make room for reflections, discussions, dialogue and feedback

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## Marie Hald Thisted and Lene Toxvig: ICM and Human Rights. Ethics in Midwifery. Obstetric Violence

Marie Hald Thisted and Lene Toxvig

Co-funded by the  
Erasmus+ Programme  
of the European Union

**SafeMa**  
Study Visits 18-20 November 2019  
Session: ICM and Human Rights. Ethics in Midwifery. Obstetric Violence

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OF NORTHERN DENMARK

### Aim and pedagogy

The aim of this session is to focus on a human rights-based approach and ethics as an essential part of midwifery.

The aim of this session is furthermore to encourage reflections

- On a human rights-based approach and
- On teaching ethics in midwifery in general and
- On how this can be transferred to your local context

**Pedagogy** in relation to the actual session is a combination of a presentation and reflections in smaller groups.

Pedagogy in relation to teaching ethics in The UCN Midwifery Programme is visualized by reflections in relation to deduce values from The international Code of Ethics.

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## UCN Library: UCN Library Facts



### UCN Library - Facts

#### Patrons and borrowing terms

- The UCN library on "Selma Lagerlöfs Vej" primarily services students and lecturers on the health education programmes: Occupational Therapy, Physical Therapy, Midwifery, Radiography and Nursing Care.
- The UCN library supports the further education of the above-mentioned fields.
- The materials connected to the library department on "Selma Lagerlöfs Vej" primarily supports the health educations.
- Information about library regulations can be found here: <https://www.ucnbib.dk/en/page/library-regulations>

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SafMa - Project Number: 100045-EPF-1-2019-1-VN-EPFV2-GBE-UP

## Hanne Westerkam and Thomas Kjær: Information literacy supporting research awareness, academic structure and competence



### Agenda

1. **What** is the DNA of UCN Library?
2. **What** does it mean to be information literate at UCN?
3. **Why** does UCN have an information literacy profile?
4. **Why** should a midwife (midwifery student) be information literate?
5. **How** does UCN Library collaborate with the Midwifery Education Programme to plan teaching in information searching?

Tools that UCN Library uses to support information literacy

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SafMa - Project Number: 100045-EPF-1-2019-1-VN-EPFV2-GBE-UP

### 3.5. Photos

Below are some photos from the Study Visit in Aalborg during 18<sup>th</sup> to 20<sup>th</sup> of November 2019.



Photo 5 Presentation in Midwifery in UCN



Photo 4 Participants discuss during a Workshop in Denmark

### 3.6. Evaluation Summary

From the evaluation sheets that participants filled in Denmark the forthcoming outcomes have been developed. Partners' replies will be detailed analysed by the Quality Assurance and Evaluation Reports (D.4.3). Below are attached some significant graphics that represent the assessment of the Study visit in Athens form the participants.

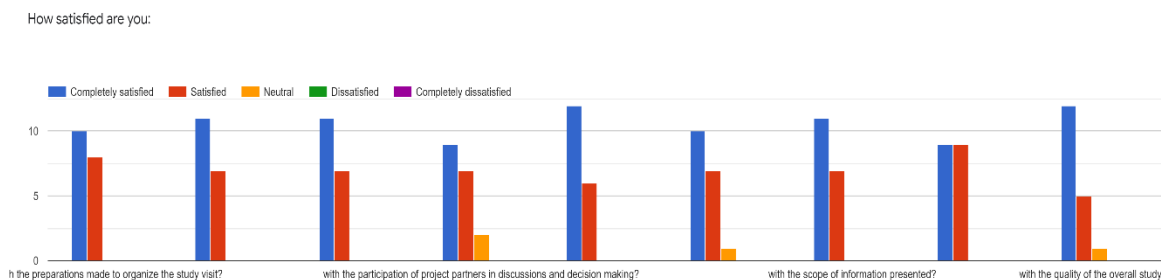


Figure 4 How satisfied are you?

What were the strengths of this study visit?

18 απαντήσεις

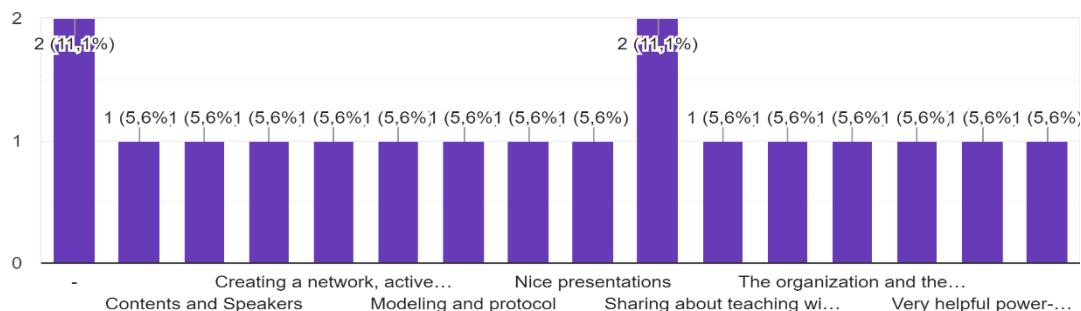


Figure 6 What are the strengths of this study visit?

What were the weaknesses of this study visit?

18 απαντήσεις

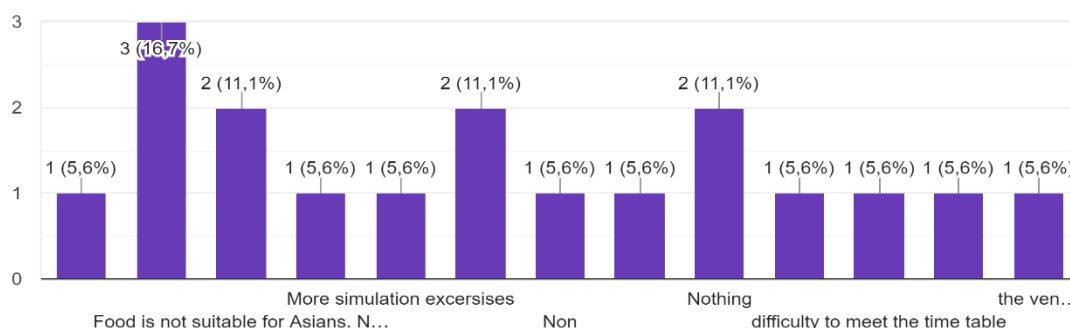


Figure 5 What were the weaknesses of this study visit?

According to the results of the evaluation sheets a great percentage of the participants were *completely satisfied* or *satisfied* with the preparation and the organization of the study visit and the participation of project partners in discussion and decision-making processes. Most of the participants declared almost *completely satisfied* with the presentation of the information scope, as well as overall with the study visit implementation. According to the results of the evaluation sheets, the strengths of the study visit were its management and coordination by UCN team members, as well as the content of the presentations that UCN professionals provided. Upon the





## 4. Annexes

### 4.1. Annex I Meetings/Events Evaluation Form

The following generic template is going to be used for evaluating SAFEMA study visits, training workshops and lab demonstrations.

<b>Meeting Name</b>					
<b>Date</b>					
<b>Place</b>					
<b>Hosting Organisation</b>					
<b>Evaluation Form submitted by</b>	<i>(Reviewer Name &amp; Organisation)</i>				
<b>Date of submission</b>					
<b>Project Meeting/Event Quality Criteria</b>					
<b>How satisfied are you:</b>	Completely satisfied	Satisfied	Neutral	Dissatisfied	Completely dissatisfied
with the preparations made to organize the meeting?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with venue arrangements and accommodation?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with support (meeting rooms, equipment) provided during the meeting?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with the participation of project partners in discussions and decision making?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with the structure of the agenda (subjects/issues covered)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with the time assigned to the discussion of important issues?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with the scope of information presented?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
with the meeting's overall value in helping you achieve project goals?					
with the quality of the overall meeting					

**What were the strengths of this meeting?**



<b>What were the weaknesses of this meeting?</b>
<b>Ideas for improving project meetings</b>
<b>Other comments</b>

## 4.2. Annex II Template Consent form for Photography/Filming

### Consent form for photography/filming

I consent to the National and Kapodistrian University of Athens using photographs and/or video recordings including images of me both internally and externally to promote the University. These images could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, social media, teaching and research purposes.

I understand that images on websites can be viewed throughout the world and not just in Greece and that some overseas countries may not provide the same level of protection to the rights of individuals as EU/UK legislation provides.

I understand that some images or recordings may be kept permanently once they are published and be kept as an archive of University life.

I have read and understand the conditions and consent to my images being used as described.

Print Name	
Signature	
Date	

The National and Kapodistrian University of Athens is committed to processing information in accordance with the General Data Protection Regulation (GDPR). The personal data collected on this form will be held securely and will only be used for administrative purposes.

### Your rights

You have the right to request to see a copy of the information we hold about you and to request corrections or deletions of the information that is no longer required. You can ask the University to stop using your images at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation.



### Contact details

If you have any questions relating to this consent form or the way we are planning to use your information or relating to data protection, please contact:

Ms Evika Karamagioli [karamagioli@gmail.com](mailto:karamagioli@gmail.com)

#### 4.3. Annex III Participants List

**STUDY VISIT**  
**ATHENS, 14-16 NOVEMBER 2019**  
**LIST OF ATTENDANCE**  
**Thursday 14<sup>th</sup> November 2019**

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
				09:00		17:00	
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				09:00		17:00	
				09:00		17:00	

## STUDY VISIT

**ATHENS, 14-16 NOVEMBER 2019**

## LIST OF ATTENDANCE

**Friday 15<sup>th</sup> November 2019**

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
				09:00		17:00	
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## STUDY VISIT

**ATHENS, 14-16 NOVEMBER 2019**

## LIST OF ATTENDANCE

**Saturday 16<sup>th</sup> November 2019**

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
				09:00		17:00	
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## STUDY VISIT

**AALBORG, 18-20 NOVEMBER 2019**

## LIST OF ATTENDANCE

**Tuesday 18<sup>th</sup> November 2019**

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
				09:00		17:00	
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				09:00		17:00	

**STUDY VISIT**  
**AALBORG, 18-20 NOVEMBER 2019**  
**LIST OF ATTENDANCE**  
**Wednesday 19<sup>th</sup> November 2019**

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
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## STUDY VISIT

**AALBORG, 18-20 NOVEMBER 2019**

## LIST OF ATTENDANCE

## Thursday 20<sup>th</sup> November 2019

NAME	SURNAME	ORGANISATION	POSITION	ARRIVAL	SIGNATURE	DEPARTURE	SIGNATURE
				09:00		17:00	
				09:00		17:00	
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